



# News Release

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## DeShaw, Ferreira, Smolczyk, Moir and Bancroft Earn Swimming & Diving Honors

Cathryn DeShaw and Rodrigo Ferreira of North Dakota have been named the NCC Swimmers of the Week while Jill Smolczyk & Cole Moir of South Dakota and Chris Bancroft of North Dakota have been honored as the NCC Divers of the Week.

DeShaw, a freshman from Stillwater, Minn., placed second in the 200 individual medley (2:10.19) and 200 backstroke (2:05.27) and fourth in the 100 backstroke (:58.90) at the Minnesota Challenge in Minneapolis, Minn. In addition she was part of the winning 400 freestyle and 800 freestyle relay teams and the second place 400 medley relay.

Ferreira, a senior from Juiz de Fora, MG, Brazil, won the 100 backstroke (:48.86) and was fourth in the 50 freestyle (:20.82) at the Minnesota Challenge. He also helped the 400 freestyle relay team to a win.

Smolczyk, a junior from Omaha, Neb., won both boards, including a record-setting performance on the 3-meter board, at the USD Diving Invitational. Smolczyk won the 3-meter board (11 dives) while setting school and pool records with a score of 477.55 in the finals. She broke the 15-year old pool record held by Tamara Block, who had a score of 473.95 in 1992. Smolczyk also broke the pool record of Mary Ahlin of St. Cloud State, who scored 473.95 points in 1999. Smolczyk's score was also an automatic qualifying mark for the NCAA Division II nationals for which she has already qualified. Smolczyk won the 1M board with a score of 392.10.

Moir, a senior from Cody, Wyo., won the 11-dive 1-meter board with an NCAA Division II qualifying mark and finished third on the 3-meter board at the USD Diving Invitational. On Friday, Moir had a score of 465.35 on the 1-meter, which is an automatic qualifying score for the NCAA Division II nationals. Moir finished third on the 3-meter board with a score of 414.25.

Bancroft, a junior from Anchorage, Alaska, won the 3-meter (425.0) and placed second on the one-meter board (443.65), both qualifying scores for the NCAA meet, at the USD Diving Invitational.

Other swimmers nominated: *Male*: Pat Albertson, South Dakota; Cameron Morris, Colorado Mines; Marty Wahle, Minnesota State. *Female*: Leita Rolfe, South Dakota; Renee Rainguet, Colorado Mines; Ashley Baer, Minnesota State.

Other divers nominated: *Male*: Brian Welch, Minnesota State. *Female*: Kari Varichak, North Dakota; Erica Greene, Minnesota State.

### 2006-2007 Male Swimming Honor Roll

Oct. 31 - None  
Nov. 7 - Daniel Moraes, North Dakota  
Nov. 14 - Marty Wahle, Minnesota State  
Nov. 21 - Rodrigo Ferreira, North Dakota  
Dec. 5 - Rodrigo Ferreira, North Dakota  
Matt Verwey, St. Cloud State  
Jan. 23 - Scott Kent, Minnesota State  
Jan. 30 - Rodrigo Ferreira, North Dakota

### 2006-2007 Male Diving Honor Roll

Oct. 31 - Ross Eiden, St. Cloud State  
Nov. 7 - Cole Moir, South Dakota  
Nov. 14 - Cole Moir, South Dakota  
Nov. 21 - None  
Dec. 5 - Nate Jimerson, St. Cloud State  
Kenny Rhoades, Metro State  
Dec. 12 - Kenny Rhoades, Metro State  
Jan. 15 - None  
Jan. 23 - Chris Bancroft, North Dakota  
Jan. 30 - Cole Moir, South Dakota  
Chris Bancroft, North Dakota

### 2006-2007 Female Swimming Honor Roll

Oct. 31 - Anne Gusewelle, Minnesota State Moorhead  
Nov. 7 - Leita Rolfe, South Dakota  
Nov. 14 - Leita Rolfe, South Dakota  
Nov. 21 - Sarah Wollenhaupt, North Dakota  
Dec. 5 - Lindsey Kline, Nebraska-Omaha  
Sarah Wollenhaupt, North Dakota  
Jan. 15 - Leita Rolfe, South Dakota  
Jan. 23 - Leita Rolfe, South Dakota  
Ashley Baer, Minnesota State  
Jan. 30 - Cathryn DeShaw, North Dakota

### 2006-2007 Female Diving Honor Roll

Oct. 31 - Kelsey Berkeland, St. Cloud State  
Nov. 7 - Emily Kluth, South Dakota  
Nov. 14 - Jill Smolczyk, South Dakota  
Nov. 21 - Kari Varichak, North Dakota  
Dec. 5 - Jill Smolczyk, South Dakota  
Dec. 12 - None  
Jan. 15 - Samantha Jipson, Minnesota State, Moorhead  
Jan. 23 - Jill Smolczyk, South Dakota  
Kari Varichak, North Dakota  
Jan. 30 - Jill Smolczyk, South Dakota