



News Release

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Wollenhaupt, Ferreira and Varichak Earn Swimming & Diving Honors

Sarah Wollenhaupt and Rodrigo Ferreira of North Dakota have been named the NCC Swimmers of the Week while Kari Varichak of North Dakota has been honored as the NCC Diver of the Week.

Wollenhaupt, a senior from Chaska, Minn., posted a pair of 'B-cut' times at the Minnesota Invitational. She had a time of 2:23.93 in the 200 breaststroke and a clocking of 1:06.20 in the 100 breaststroke.

Ferreira, a senior from Juiz de Fora, MG, Brazil, had two 'A-cut' and two 'B-cut' individual performances to help North Dakota to a fourth-place showing at the Division I-dominated Minnesota Invitational. His 'A-cut' times were fourth place showings in the 50 freestyle (:20.75) and 400 freestyle (3:04.64). His 'B-cuts' came in a second-place 100 backstroke time of :48.78 and a fifth-place 100 freestyle performance of :46.29. He was also a member of the 200 freestyle relay and 200 medley relay squads that posted 'A-cut' times.

Varichak, a senior from Fridley, Minn., qualified for nationals and won both boards at the UND Diving Invitational with scores of 375.85 on the one-meter and 429.75 on the two-meter.

Other swimmers nominated: *Male:* None. *Female:* Ana Arnold, Minnesota State, Mankato; Laura Baalman, Minnesota State, Moorhead.

Other divers nominated: *Male:* None. *Female:* Samantha Jipson, Minnesota State, Moorhead.

2006-2007 Male Swimming Honor Roll

Oct. 31 - None
Nov. 7 - Daniel Moraes, North Dakota
Nov. 14 - Marty Wahle, Minnesota State
Nov. 21 - Rodrigo Ferreira, North Dakota

2006-2007 Male Diving Honor Roll

Oct. 31 - Ross Eiden, St. Cloud State
Nov. 7 - Cole Moir, South Dakota
Nov. 14 - Cole Moir, South Dakota
Nov. 21 - None

2006-2007 Female Swimming Honor Roll

Oct. 31 - Anne Gusewelle, Minnesota State Moorhead
Nov. 7 - Leita Rolfe, South Dakota
Nov. 14 - Leita Rolfe, South Dakota
Nov. 21 - Sarah Wollenhaupt, North Dakota

2006-2007 Female Diving Honor Roll

Oct. 31 - Kelsey Berkeland, St. Cloud State
Nov. 7 - Emily Kluth, South Dakota
Nov. 14 - Jill Smolczyk, South Dakota
Nov. 21 - Kari Varichak, North Dakota