



News Release

Ramkota Hotel, 3200 W. Maple St., Sioux Falls, S.D. 57107
Phone: 605.338.0907 Fax: 605.338.1889
Jon J. Martin, Assistant Commissioner
E-mail: info@northcentralconference.org
Web: www.northcentralconference.org

For Immediate Release: December 12, 2006

Kenny Rhoades Earns Diving Honors

Kenny Rhoades of Metro State has been honored as the NCC Diver of the Week.

Rhoades, a freshman from Fort Lupton, Colo., won the one-meter and three-meter competitions at Nebraska-Kearney. He set a new school record in the one-meter with a score of 445.35, crushing the old record of 419.05 set in 1990 and scored 450.80 points to win the three-meter.

Other swimmers nominated: *Male*: None. *Female*: None.

Other divers nominated: *Male*: None. *Female*: None.

2006-2007 Male Swimming Honor Roll

Oct. 31 - None
Nov. 7 - Daniel Moraes, North Dakota
Nov. 14 - Marty Wahle, Minnesota State
Nov. 21 - Rodrigo Ferreira, North Dakota
Dec. 5 - Rodrigo Ferreira, North Dakota
Matt Verwey, St. Cloud State

2006-2007 Female Swimming Honor Roll

Oct. 31 - Anne Gusewelle, Minnesota State Moorhead
Nov. 7 - Leita Rolfe, South Dakota
Nov. 14 - Leita Rolfe, South Dakota
Nov. 21 - Sarah Wollenhaupt, North Dakota
Dec. 5 - Lindsey Kline, Nebraska-Omaha
Sarah Wollenhaupt, North Dakota

2006-2007 Male Diving Honor Roll

Oct. 31 - Ross Eiden, St. Cloud State
Nov. 7 - Cole Moir, South Dakota
Nov. 14 - Cole Moir, South Dakota
Nov. 21 - None
Dec. 5 - Nate Jimerson, St. Cloud State
Kenny Rhoades, Metro State
Dec. 12 - Kenny Rhoades, Metro State

2006-2007 Female Diving Honor Roll

Oct. 31 - Kelsey Berkeland, St. Cloud State
Nov. 7 - Emily Kluth, South Dakota
Nov. 14 - Jill Smolczyk, South Dakota
Nov. 21 - Kari Varichak, North Dakota
Dec. 5 - Jill Smolczyk, South Dakota
Dec. 12 - None