



News Release

Ramkota Hotel, 3200 W. Maple St., Sioux Falls, S.D. 57107
Phone: 605.338.0907 Fax: 605.338.1889
Jon J. Martin, Assistant Commissioner
E-mail: info@northcentralconference.org
Web: www.northcentralconference.org

For Immediate Release: January 23, 2007

Rolfe, Baer, Kent, Smolczyk, Varichak and Bancroft Earn Swimming & Diving Honors

Leita Rolfe of South Dakota and Ashley Baer & Scott Kent of Minnesota State have been named the NCC Swimmers of the Week while Jill Smolczyk of South Dakota and Kari Varichak and Chris Bancroft of North Dakota have been honored as the NCC Divers of the Week.

Rolfe, a junior from Newcastle, Wyo., broke the school record (meters) in the 400 IM with a clocking of 5:05.32, which broke her own mark of 5:11.52 in 2005. She also picked up a win in the 200 breaststroke (2:42.74) and swam the second leg on the winning 200 medley relay (2:03.57). Rolfe had "B" cuts (provisional marks for the NCAA Division II Championships) in both the 400 IM and the 200 breaststroke.

Baer, a sophomore from Eden Prairie, Minn., won the 200 individual medley in 2:10.79 and 400 individual medley in 4:40.88, a season-best time at the Get to the Point Invitational in Stevens Point, Wis. Both marks are "B" cuts.

Kent, a sophomore from Plymouth, Minn., placed second in the 200 breaststroke (2:15.22, a season-best performance) and the 100 breaststroke (1:00.52) at the Get to the Point Invitational in Stevens Point, Wis. Both marks are "B" cuts.

Smolczyk, a junior from Omaha, Neb., won both boards to help lift South Dakota to a 161-82 dual meet win over St. Cloud State. Smolczyk scored 259.85 on the 3-meter board and 269.15 on the one-meter board, both qualifying scores for the NCAA Division II Swimming & Diving Championships.

Varichak, a senior from Fridley, Minn., placed second on the three-meter board (427.70) and fifth on the one-meter board (367.65) at the Get to the Point Invitational in Stevens Point, Wis. Both scores are qualifiers for the NCAA meet.

Bancroft, a junior from Anchorage, Alaska, won the 1-meter (495.7) and placed second on the three-meter board (479.55), both qualifying scores for the NCAA meet, at the meet in Stevens Point, Wis.

Other swimmers nominated: *Male*: Josh Fleming, South Dakota; Matt Verwey, St. Cloud State. *Female*: Alisha Blaydes, St. Cloud State.

Other divers nominated: *Male*: Cole Moir, South Dakota; Cameron Berg, St. Cloud State. *Female*: Kayla Edelbrock, St. Cloud State.

2006-2007 Male Swimming Honor Roll

Oct. 31 - None
Nov. 7 - Daniel Moraes, North Dakota
Nov. 14 - Marty Wahle, Minnesota State
Nov. 21 - Rodrigo Ferreira, North Dakota
Dec. 5 - Rodrigo Ferreira, North Dakota
Matt Verwey, St. Cloud State
Jan. 23 - Scott Kent, Minnesota State

2006-2007 Male Diving Honor Roll

Oct. 31 - Ross Eiden, St. Cloud State
Nov. 7 - Cole Moir, South Dakota
Nov. 14 - Cole Moir, South Dakota
Nov. 21 - None
Dec. 5 - Nate Jimerson, St. Cloud State
Kenny Rhoades, Metro State
Dec. 12 - Kenny Rhoades, Metro State
Jan. 15 - None
Jan. 23 - Chris Bancroft, North Dakota

2006-2007 Female Swimming Honor Roll

Oct. 31 - Anne Gusewelle, Minnesota State Moorhead
Nov. 7 - Leita Rolfe, South Dakota
Nov. 14 - Leita Rolfe, South Dakota
Nov. 21 - Sarah Wollenhaupt, North Dakota
Dec. 5 - Lindsey Kline, Nebraska-Omaha
Sarah Wollenhaupt, North Dakota
Jan. 15 - Leita Rolfe, South Dakota
Jan. 23 - Leita Rolfe, South Dakota
Ashley Baer, Minnesota State

2006-2007 Female Diving Honor Roll

Oct. 31 - Kelsey Berkeland, St. Cloud State
Nov. 7 - Emily Kluth, South Dakota
Nov. 14 - Jill Smolczyk, South Dakota
Nov. 21 - Kari Varichak, North Dakota
Dec. 5 - Jill Smolczyk, South Dakota
Dec. 12 - None
Jan. 15 - Samantha Jipson, Minnesota State, Moorhead
Jan. 23 - Jill Smolczyk, South Dakota
Kari Varichak, North Dakota