



News Release

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Offensive Players of the Week

Kristi Pangrac
St. Cloud State

Vicky Braegelmann
Minnesota Duluth

Kristi Pangrac of St. Cloud State and Vicky Braegelmann of Minnesota Duluth have been named the Offensive Players of the Week by the North Central Conference.

Pangrac, a junior from Upsala, Minn., hit .327 (46k-14e-98ta) while averaging 3.83 kills per game in three matches last week.

Braegelmann, a junior from Albany, Minn., hit .323 (43k-11e-99ta) while averaging 4.78 kills per game in three matches last week, including two resounding NCC wins.

Others nominated: Andrea Oswald, Augustana; Cassie Wolpren, Minnesota State; Heidi Evans, North Dakota; Carlie Christensen, Nebraska-Omaha.

Setters of the Week

Katie Gangelhoff
Minnesota Duluth

Sierra Nowak
St. Cloud State

Katie Gangelhoff of Minnesota Duluth and Sierra Nowak of St. Cloud State have been named the Setters of the Week by the North Central Conference.

Gangelhoff, a sophomore from South St. Paul, Minn., averaged 14.11 assists per game as the Bulldogs went 3-0 last week. She also averaged 1.00 kill per game.

Nowak, a senior from Marshfield, Wis, averaged 12.75 assists per game while hitting .267 (11k-3e-30ta) in three matches last week.

Others nominated: Allison Louwagie, North Dakota; Stef Sandstrom, Minnesota State.

North Central Conference Volleyball Standings

Standings Through Saturday, September 16

	NCC Matches				All Matches			
	W	L	GW	GL	W	L	GW	GL
Minnesota Duluth	2	0	6	0	14	2	44	8
Augustana	1	0	3	1	6	7	27	27
Minnesota State	1	0	3	2	10	4	31	19
North Dakota	1	1	3	4	6	6	20	21
St. Cloud State	0	1	1	3	4	9	21	30
South Dakota	0	1	1	3	4	9	22	33
Nebraska-Omaha	0	2	2	6	10	4	33	18

CSTV/AVCA Ranked Teams (Sept. 12) - No. T5 Minnesota Duluth, No. 12 Nebraska-Omaha

Last Week's Results

Tuesday, September 12

St. Cloud St. def. Bemidji St. 30-23, 32-30, 30-13
 North Dakota def. Minnesota-Crookston 30-24, 30-26, 30-26
 Wayne St. def. Augustana 30-23, 30-21, 31-29
 Minnesota Duluth def. Michigan Tech 30-24, 30-27, 30-15
 Concordia-St. Paul def. Minnesota St. 30-21, 30-23, 30-21

Friday, September 15

*Augustana def. South Dakota 24-30, 30-20, 30-18, 30-26
 *North Dakota def. St. Cloud St. 30-23, 30-22, 24-30, 34-32
 *Minnesota Duluth def. Nebraska-Omaha 30-20, 30-23, 30-23

Saturday, September 16

*Minnesota Duluth def. North Dakota 30-22, 30-16, 30-20
 *Minnesota St. def. Nebraska-Omaha 30-24, 27-30, 31-33, 30-24, 16-14

Sunday, September 17

St. Cloud St. def. Winona St. 26-30, 31-29, 30-24, 24-30, 15-6

Defensive Player of the Week

Blythe Johnson, Augustana

Blythe Johnson of Augustana has been named the Defensive Player of the Week by the North Central Conference.

Johnson, a freshman middle blocker from Cheyenne, Wyo., averaged 1.57 blocks and 0.29 blocks per game in two matches last week.

Others nominated: Lisa Rohret, Minnesota State; Rachel Langseth, Minnesota Duluth; Lindsey Gothe, St. Cloud State; Lindsey Vortherms, North Dakota; Stacie Wemhoff, Nebraska-Omaha.

Player of the Week Honor Roll

Offensive Player Honor Roll:

Aug. 28 - Vicky Braegelmann, Minnesota Duluth
 Sept. 5 - Vicky Braegelmann, Minnesota Duluth
 Sept. 11 - Andrea Oswald, Augustana
 Rachel Langseth, Minnesota Duluth
 Sept. 18 - Kristi Pangrac, St. Cloud State
 Vicky Braegelmann, Minnesota Duluth

Defensive Player Honor Roll:

Aug. 28 - Christina Reicks, Nebraska-Omaha
 Sept. 5 - Amber Kobus, South Dakota
 Sept. 11 - Chelsea Meierotto, Minnesota Duluth
 Mandy Reuter, Minnesota State
 Sept. 18 - Blythe Johnson, Augustana

Setter Honor Roll:

Aug. 28 - Katie Gangelhoff, Minnesota Duluth
 Sept. 5 - Katie Gangelhoff, Minnesota Duluth
 Sept. 11 - Katie Gangelhoff, Minnesota Duluth
 Sept. 18 - Sierra Nowak, St. Cloud State
 Katie Gangelhoff, Minnesota Duluth

This Week's Schedule

Tuesday, September 19

Northern St. at Augustana, 7 p.m.
 Minnesota Crookston at St. Cloud St., 7 p.m.
 North Dakota at Bemidji St., 7 p.m.
 South Dakota at Wayne St., 7 p.m.
 SW Minnesota St. at Minnesota St., 7 p.m.

Thursday, September 21

Nebraska-Kearney at Nebraska-Omaha, 7 p.m.

Friday, September 22

*South Dakota at Minnesota Duluth, 7 p.m.
 *Augustana at North Dakota, 7 p.m.
 *Minnesota St. at St. Cloud St., 7 p.m.

Saturday, September 23

*Minnesota St. at Minnesota Duluth, 4 p.m.
 *Augustana at St. Cloud St., 4 p.m.
 *South Dakota at North Dakota, 7 p.m.

UMD Goes To Front of Class - Minnesota Duluth raced out to a 2-0 conference record with 3-0 wins over Nebraska-Omaha and North Dakota. The Bulldogs are followed closely in the league race by Augustana and Minnesota State with 1-0 record.

Gangelhoff Honored - Katie Gangelhoff, of Minnesota Duluth, was named the Sports Imports/AVCA Division II National Player of the Week last week. Gangelhoff helped lead the Bulldogs to a 4-1 record at the Washburn Lady Blues Classic, where she was named to the All-Tournament team.

The Notebook

AUGUSTANA - Sophomore Lisa Hoegh, who has played primarily in the back row during her career, earned her first start at setter Friday against South Dakota. She responded by collecting 51 kill assists, 4 kills, 16 digs and 2 blocks, all of which are career highs. In addition, the Vikings hit .249 as a team...Senior Abby Schmidt is 11 digs shy of becoming Augustana's career record holder. She has 1,687 digs, while current record holder Sara Larson (2000-03) had 1,697...Senior Andrea Oswald is closing in on the career blocks record. She currently has 446. Lori Fossum (1996-00) is the career leader at 459, while Diane Klein (1991-94) is second at 451.

MINNESOTA DULUTH - Junior Danielle Beckstrand had a career-high 15 kills against Nebraska Omaha...In three matches last week, Vicky Braegelmann had 43 total kills. Senior Rachel Langseth tallied 27 in the three matches.

MINNESOTA STATE - Minnesota State is now 3-0 this season when playing five sets (wins over Nova Southeastern University, MSU Moorhead, Nebraska-Omaha)...Minnesota State set team season-highs in kills (84) and assists (77) in their home and conference opening win over No. 12 Nebraska-Omaha...Minnesota State junior outside hitter Dana Ostertag set a career high with 19 kills, and sophomore Lisa Rohret had a career-high 28 digs against Nebraska-Omaha.

NORTH DAKOTA -The Fighting Sioux volleyball team finished 2-1 on the week. They defeated Minnesota-Crookston and St. Cloud State, but fell to Minnesota-Duluth. Leading the Sioux to their two wins was senior Heidi Evans. Evans had a double-double in each of the wins and finished the week with 35 kills. UND returns to action with a non-conference game against Bemidji State before their conference home opener on Friday against Augustana.

ST. CLOUD STATE - SCSU's senior outside hitter Lindsey Gothe currently ranks 9th on the all-time digs list at SCSU with 855 career digs in a Husky uniform...The Huskies earned two crucial non-conference wins this past weekend against Bemidji State University (23-30, 22-30, 30-24, 32-34) and Winona State University (26-30, 31-29, 30-24, 24-30, 15-6). ..Senior setter Sierra Nowak currently ranks 5th on the SCSU season record list for assists per game with 11.80 apg (51 games) in 2006.

SOUTH DAKOTA - Junior setter Ashley Gross tied a career-high with 20 kills against Augustana Friday night...USD's season-opening 17-match road trip is nearly at an end. After three road matches this week, the Coyotes will be at Northern State next Tuesday before returning to the DakotaDome on Sept. 30th for its much belated home opener.

National Statistics - NCAA Division II national statistics were released with several NCC players and teams ranked in the top 15. The stats will be released every other week through the end of the season. **Team: Assists Per Game:** Minnesota Duluth, 1st, 16.15 apg. **Digs Per Game:** Minnesota State, 11th, 21.2 dpq. **Hitting Percentage:** Minnesota Duluth, 12th, .284. **Kills Per Game:** Minnesota Duluth, 3rd, 17.15 kpg. **Individual: Assists Per Game:** Katie Gangelhoff (UMD), 2nd, 14.23 apg. **Hitting Percentage:** Vicky Braegelmann (UMD), 2nd, .497; Carlie Christensen (UNO), 6th, .461; Rachel Langseth (UMD), 10th, .427.

**2006 North Central Conference
Conference Individual Leaders as of Sep 18, 2006**

(Players listed below meet or exceed the minimums and have played in at least 50.00 percent of their team's games.)

HITTING PERCENTAGE (Minimum .200/3.0 attacks per game)

Player	Team	Cl	G	Kills	Errs	Total	Pct
1. Vicky Braegelmann...	UMD	JR	51	235	54	447	.405
2. Rachel Langseth.....	UMD	SR	50	177	41	341	.399
3. Sarah Wyffels.....	UMD	FR	35	67	12	139	.396
4. Carlie Christensen..	UNO	JR	51	188	45	364	.393
5. Cathy Turner.....	MSU	SO	28	41	11	94	.319
6. Andrea Oswald.....	AC	SR	54	246	79	554	.301
7. Kristi Pangrac.....	SCSU	JR	51	167	55	373	.300
8. Nicole McLeod.....	UNO	JR	51	120	29	306	.297
9. Megan Stroud.....	MSU	JR	49	111	33	273	.286
10. Dana Ostertag.....	MSU	JR	34	85	29	200	.280

KILLS (Minimum 2.00 per game)

Player	Team	Cl	G	No.	Avg/G
1. Vicky Braegelmann...	UMD	JR	51	235	4.61
2. Andrea Oswald.....	AC	SR	54	246	4.56
3. Kari Wolford.....	UMD	JR	50	198	3.96
4. Carlie Christensen..	UNO	JR	51	188	3.69
5. Lindsey Gothe.....	SCSU	SR	51	184	3.61
6. Rachel Langseth.....	UMD	SR	50	177	3.54
7. Terrin Post.....	AC	SR	54	181	3.35
8. Kristi Pangrac.....	SCSU	JR	51	167	3.27
9. Christina Reicks....	UNO	SR	51	166	3.25
10. Ashley Gross.....	USD	JR	54	173	3.20

ASSISTS (Minimum 5.00 per game)

Player	Team	Cl	G	No.	Avg/G
1. Katie Gangelhoff....	UMD	SO	52	750	14.42
2. Sierra Nowak.....	SCSU	SR	51	602	11.80
3. Stef Sandstrom.....	MSU	JR	50	549	10.98
4. Katie Agnew.....	UNO	JR	51	559	10.96
5. Jenna Lago.....	AC	JR	54	531	9.83
6. Allison Louwagie....	UND	SO	41	355	8.66
7. Casey Beardsley....	USD	SR	49	321	6.55
8. Megan Langseth.....	UND	FR	22	119	5.41

SERVICE ACES (Minimum 0.10 per game)

Player	Team	Cl	G	No.	Avg/G
1. Amber Kobus.....	USD	SO	54	28	0.52
2. Ashley Nachreiner...	MSU	SO	46	21	0.46
3. Megan Langseth.....	UND	FR	22	10	0.45
4. Stef Sandstrom.....	MSU	JR	50	19	0.38
5. Chelsea Meierotto...	UMD	SR	52	19	0.37
6. Aileen Cahill.....	UND	SR	38	13	0.34
7. Annie Rice.....	UNO	SO	50	17	0.34
8. Crystal Hoffrogge...	UMD	JR	31	10	0.32
9. Andrea Pieper.....	SCSU	SO	48	15	0.31
10. Katie Gangelhoff....	UMD	SO	52	15	0.29

BLOCKS (Minimum 1.00 per game)

Player	Team	Cl	G	Solo	Asst	Total	Avg/G
1. Britta Hanson.....	UND	FR	41	5	46	51.0	1.24
2. Blythe Johnson.....	AC	FR	53	14	46	60.0	1.13
3. Rebecca Zenefski....	SCSU	SO	51	7	50	57.0	1.12
4. Lindsey Clairmont...	UMD	SO	44	4	45	49.0	1.11
5. Andrea Oswald.....	AC	SR	54	14	45	59.0	1.09

DIGS (Minimum 1.00 per game)

Player	Team	Cl	G	No.	Avg/G
1. Amber Kobus.....	USD	SO	54	313	5.80
2. Chelsea Meierotto...	UMD	SR	52	295	5.67
3. Stacie Wemhoff.....	UNO	SR	51	256	5.02
4. Abby Schmidt.....	AC	SR	54	257	4.76
5. Lindsay Vortherms...	UND	SO	37	174	4.70
6. Cassie Wolpern.....	MSU	SR	50	221	4.42
7. Christina Reicks....	UNO	SR	51	221	4.33
8. Mandy Reuter.....	MSU	SR	50	202	4.04
9. Lisa Rohret.....	MSU	SO	43	160	3.72
10. Gabi Jarchow.....	USD	SO	55	192	3.49

**2006 North Central Conference
Conference Team Leaders as of Sep 18, 2006**

HITTING PERCENTAGE	G	Kills	Errs	Total	Pct
1. Minnesota Duluth....	52	925	312	2113	.290
2. Minnesota State.....	50	771	287	2082	.232
3. Nebraska-Omaha.....	51	746	277	2108	.222
4. St. Cloud State.....	51	738	325	1961	.211
5. North Dakota.....	41	601	284	1694	.187
6. Augustana.....	54	748	351	2246	.177
7. South Dakota.....	55	706	406	2344	.128

ASSISTS	G	No.	Avg/G
1. Minnesota Duluth....	52	858	16.50
2. Minnesota State.....	50	698	13.96
3. North Dakota.....	41	540	13.17
4. Nebraska-Omaha.....	51	669	13.12
5. Augustana.....	54	693	12.83
6. St. Cloud State.....	51	651	12.76
7. South Dakota.....	55	659	11.98

BLOCKS	G	Solo	Asst	Total	Avg/G
1. Augustana.....	54	50	183	141.5	2.62
2. Minnesota Duluth....	52	31	202	132.0	2.54
3. Minnesota State.....	50	47	146	120.0	2.40
4. North Dakota.....	41	11	173	97.5	2.38
5. St. Cloud State.....	51	27	186	120.0	2.35
6. South Dakota.....	55	47	148	121.0	2.20
7. Nebraska-Omaha.....	51	25	156	103.0	2.02

MATCH WON-LOST PCT	--Conference--		---Overall---	
	W-L	Pct	W-L	Pct
Minnesota Duluth....	2-0	1.000	14-2	.875
Minnesota State.....	1-0	1.000	10-4	.714
Augustana.....	1-0	1.000	6-7	.462
North Dakota.....	1-1	.500	6-6	.500
Nebraska-Omaha.....	0-2	.000	10-4	.714
South Dakota.....	0-1	.000	4-9	.308
St. Cloud State.....	0-1	.000	4-9	.308

OPPONENT HITTING PCT	G	Kills	Errs	Total	Pct
1. Minnesota Duluth....	52	599	357	1979	.122
2. Nebraska-Omaha.....	51	665	335	2152	.153
3. Minnesota State.....	50	661	343	2068	.154
4. Augustana.....	54	804	404	2339	.171
5. South Dakota.....	55	776	367	2328	.176
6. North Dakota.....	41	566	246	1652	.194
7. St. Cloud State.....	51	799	320	2070	.231

KILLS	G	No.	Avg/G
1. Minnesota Duluth....	52	925	17.79
2. Minnesota State.....	50	771	15.42
3. North Dakota.....	41	601	14.66
4. Nebraska-Omaha.....	51	746	14.63
5. St. Cloud State.....	51	738	14.47
6. Augustana.....	54	748	13.85
7. South Dakota.....	55	706	12.84

SERVICE ACES	G	No.	Avg/G
1. Nebraska-Omaha.....	51	85	1.67
2. Minnesota State.....	50	83	1.66
3. Minnesota Duluth....	52	86	1.65
4. South Dakota.....	55	87	1.58
5. North Dakota.....	41	62	1.51
6. St. Cloud State.....	51	68	1.33
7. Augustana.....	54	56	1.04

DIGS	G	No.	Avg/G
1. Minnesota State.....	50	981	19.62
2. Nebraska-Omaha.....	51	979	19.20
3. South Dakota.....	55	995	18.09
4. Augustana.....	54	976	18.07
5. North Dakota.....	41	715	17.44
6. Minnesota Duluth....	52	906	17.42
7. St. Cloud State.....	51	747	14.65