



News Release

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Tholen, Krajsa and Atkinson Named Cross Country Athletes of the Week

Jillian Tholen of Augustana, James Krajsa of Minnesota State and Eric Atkinson of Minnesota Duluth have been named the North Central Conference Cross Country Athletes of the Week by the conference office.

Tholen, a freshman from Tracy, Minn., finished second overall and was the top finisher among attached runners at the Wayne State Pre-Region meet. She covered the 6K course in a personal-best time of 22:42 to help the Vikings claim the team title.

Krajsa, a sophomore from Moorhead, Minn., finished sixth at the South Dakota State Classic with a personal-best time of 25:18 over the 8K course. He was the top MSU finisher and led the team to a victory in a field of all NCAA Division I competition.

Atkinson, a native of Spooner, Wis., finished first out of 234 finishers at the Wisconsin-Eau Claire Invitational. He toured the 8K course in 25:32 to win his second meet of the season.

Others nominated: *Male*: Tyler Wetering, South Dakota; Chad Backsen, Augustana; Lee DeKrey, North Dakota. *Female*: Jenny Hoese, Minnesota State; Kelsey Maloney, South Dakota; Kristy Keithley, North Dakota; Kaylen Harris, Nebraska-Omaha.

#NCC#

2006 Male Cross Country Honor Roll

Sept. 6 - Tyler Wetering, South Dakota
Sept. 12 - Tyler Wetering, South Dakota
Sept. 19 - James Krajsa, Minnesota State
Sept. 26 - Tyler Wetering, South Dakota
Oct. 3 - James Krajsa, Minnesota State
Eric Atkinson, Minnesota Duluth

2006 Female Cross Country Honor Roll

Sept. 6 - Tianna Hurtado, South Dakota
Sept. 12 - Tianna Hurtado, South Dakota
Sept. 19 - Kelli Mertes, Nebraska-Omaha
Sept. 26 - Liz Palkie, Minnesota Duluth
Oct. 3 - Jillian Tholen, Augustana